

Year 1/2: Religious Education: Who is Muslim and how do they live?

Key Vocabulary

Islam	Islam is the second most popular religion in the world.
Muslim	A follower of the religion of Islam .
Allah	The Arabic name that Muslims use for God.
Five Pillars of Islam	The five things that Muslims are expected to do.
Prophets	Special messengers sent from Allah .
Muhammad	The last prophet and the key prophet in Islam .



Key Beliefs

Muslims believe that there is only one God called **Allah**. They believe **Allah** is the only ruler of the universe. The word '**Islam**' means submission and obedience to **Allah**.



The Five Pillars of Islam

As well as the six main beliefs, there are **Five Pillars of Islam**.

Shahadah: **Muslims** say a declaration of faith.

Salah: **Muslims** pray five times a day. Before prayer, they must wash themselves and then face **Mecca** whilst praying.

Zakat: **Muslims** must donate to charities.

Sawm: **Muslims** fast for one month during a time called **Ramadan**.

Hajj: **Muslims** have to travel to **Mecca** once in their lifetime, if they can afford to.



The Qur'an

The **Muslim** holy book is called **the Qur'an**. **Muslims** believe that it is a record of the exact words that Allah said.

