

Belton CE Primary School

“Achieving the Best Together.”



Understanding Relationships and Health
Education at Belton CE Primary School

A Guide for Parents

Introduction

We want all children at Belton to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, we will be adopting the new statutory requirements for Relationships and Health Education by the Government

These new requirements are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for your child.

We will deliver this new content in a way that is age and developmentally appropriate and sensitive to the needs and religious background of our children and will meet their needs and that of our community.



Relationships and Sex Education, and Health Education in England

At Belton we are committed to providing our children with the knowledge and skills that they need to be happy and successful in our ever changing world.

Relationships Education:

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, your child's school will cover how to treat each other with kindness, consideration and respect.

Health Education:

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

Our PSHE (Personal Social and Health Education) curriculum will have covered the following topics by the end of Key Stage 2:

Family and relationships
Safety and the changing body
Health and wellbeing
Citizenship
Year 1 and 2 Economic wellbeing
transition
Identity

Your rights as a parent

The important lessons you teach your child about healthy relationships, looking after themselves and staying safe are respected and valued under this new curriculum. Teaching at school will complement and reinforce the lessons you teach your child as they grow up.

As a school we are required to consult with you when developing and renewing our policies on Relationships Education. We have included our draft policies for RSE and PSHE. Please note that at this present time they are in draft form and may be amended as a result of this consultation.

You can express your opinion, and this will help us to decide how and when to cover the content of the statutory guidance. Please bear in mind that we are also required to ensure

our teaching reflects the age and religious background of our children and our wider community of the school including the church.

If you'd like to know more, please feel to drop us an email regarding these changes to office@beltonprimary.org marked RSE consultation and we will respond to your questions or concerns.

Right to withdraw your child

You cannot withdraw your child from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

Parents have the right to request that their child be withdrawn from some or all of the sex education delivered as part of the statutory RSE, following discussions with the head teacher.

There is no right to withdraw from Relationships Education or Health Education including any content from the statutory science curriculum. This means that pupils cannot be withdrawn from lessons on the Changing Adolescent Body.

